

1. Information about the person

First Name:		Family Name:		Weight:	
Gender:	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Other <input type="checkbox"/>	Age:	0-5 <input type="checkbox"/> 6-18 <input type="checkbox"/> 19-39 <input type="checkbox"/> 40-54 <input type="checkbox"/> 55+ <input type="checkbox"/>
Telephone:			Address:		

2. Assessment interview

Why do you have difficulty going to the toilet or washing yourself?		Yes		
Environment	The distance to the toilet and/or wash area is too far	<input type="checkbox"/>	If any → A toilet and/or shower chair is likely to be useful. Action: Complete the assessment interview to help select a product and plan for its use.	
	The way to the toilet or wash area is not accessible	<input type="checkbox"/>		
	Cannot get into the toilet or wash area	<input type="checkbox"/>		
Physical	Physical difficulty getting to toilet or wash area	<input type="checkbox"/>		
	Difficulty squatting (squat toilet) or sitting down/standing up (sitting toilet)	<input type="checkbox"/>		
	Frail / has fallen more than once in the last year / afraid of falling	<input type="checkbox"/>		
	Cannot stand, or difficulty with standing to wash	<input type="checkbox"/>		
	Difficulty undressing and dressing	<input type="checkbox"/>		Explore dressing aids and/or different methods to dress
	Difficulty controlling bowel and/or bladder (incontinence)	<input type="checkbox"/>		A toilet chair may be useful. Action: Discuss, and if not sure → Refer for incontinence advice
	Pain when going to the toilet	<input type="checkbox"/>		Action: → Refer to health care professional
	Cannot sit upright without support	<input type="checkbox"/>		This person may need a toilet and/or shower chair with postural support. They may also need incontinence products Action: → Refer
Other reasons	<input type="checkbox"/>	Action: Discuss possible solutions and/or → Refer for incontinence advice		
How and where will you use your toilet or shower chair?				
Toilet chair	Will it be used	Over the toilet <input type="checkbox"/>	In a different location <input type="checkbox"/> → needs bucket	
Toilet or shower chair	Will you need to be moved while using it?	Yes <input type="checkbox"/> → needs wheels	No <input type="checkbox"/>	
Transferring	Do you need help to transfer on and off the toilet?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Check for risk of pressure wounds				
Do you have a pressure wound?	Yes <input type="checkbox"/>	→ Refer to a health care professional		
Have you had a pressure wound before, or at risk of a pressure wound?	Yes <input type="checkbox"/>	→ needs padded surfaces		

3. Plan

Provide toilet chair with:	Bucket <input type="checkbox"/> Backrest <input type="checkbox"/> Armrest <input type="checkbox"/> Wheels <input type="checkbox"/> Padding <input type="checkbox"/>	Weight limit:
Provide shower chair with:	Bucket <input type="checkbox"/> Backrest <input type="checkbox"/> Armrest <input type="checkbox"/> Wheels <input type="checkbox"/> Padding <input type="checkbox"/>	
Provide or refer to another service for:	Wheelchair <input type="checkbox"/> Walking aid <input type="checkbox"/> Grab bars <input type="checkbox"/> Dressing aids <input type="checkbox"/> Home changes <input type="checkbox"/> Incontinence advice <input type="checkbox"/> Health care professional <input type="checkbox"/> Other	Follow up date:

Referral recommended Write notes here

Selection Table: Toilet and shower chairs



Step 1: Select Always select a shower or toilet chair with the person. To select the right features, take into account the person's health, ability, environment and choice.		Features					
		Removable bucket (toilet chair)	Backrest	Armrests	Castor wheels	Height adjustable, swing away footrests	Walking frame
Physical abilities	Difficulty sitting or squatting down or up			✓			
	Difficulty with standing to wash		✓	✓			
	Feels worried about falling over		✓	✓			
	Limited or no feeling (sensation); at risk of a pressure wound						✓
Use	Toilet chair	Away from toilet	✓			✓	
		Always over a toilet	X				
	Both	Will be moved while person is sitting on it			✓	✓	✓

To be safe and effective, toilet and shower chairs should:

- ✓ Be strong and durable
- ✓ Be rust and water resistant
- ✓ Smooth finish to prevent injury
- ✓ Have rubber stoppers on legs (if they have legs, not wheels)
- ✓ Have brakes (if they have wheels, not legs)
- ✓ Be height adjustable
- ✓ Be specified to carry the weight of the user

Signs of a pressure wound

- ✓ Red or dark marks on skin, where skin has been in contact with a hard or weight bearing surface
- ✓ Open wound on skin, where skin has been in contact with a hard or weight bearing surface

People who may be at risk of a pressure wound are those who:

- ✓ Have reduced feeling (sensation) in their buttocks, thighs, back or any other area in contact with the toilet or shower chair
- ✓ Have had a previous pressure wound in the past
- ✓ Are very thin or frail
- ✓ Cannot easily shift their weight themselves while on the toilet or shower chair