





Term	Definition	Image
<b>Amputation</b>	The loss of a part of the body, for example the leg or the arm.	
<b>Arthritis</b>	A health problem, where a person's joints become stiff, swollen and / or painful to move.	
<b>Broken bone (fracture)</b>	Breaking or cracking of a body's bone.	
<b>Diabetes</b>	A disease where sugar is high in blood. This can result in many health problems including: difficulty in feeling parts of the body (especially feet) and consequent foot wounds, gradual loss of vision, kidney damage, urinary incontinence and difficulty remembering things.	
<b>Foot wound</b>	Breaking of skin in the foot. Foot wounds are complication of diabetes and other health conditions that reduce the feeling in the foot. If untreated, a diabetic foot wound can lead to amputation. Diabetic foot wounds are also called foot ulcers.	
<b>Frail/frailty</b>	Weak, fragile and with little energy. Often occurs as people grow older and their health declines.	
<b>Hand function</b>	The ability to use the hand for activities, for example writing, carrying things, food preparation, sewing.	
<b>Paralysis</b>	Loss of ability to move a body part (usually legs or arms).	
<b>Polio</b>	A serious infectious disease that can cause a person's muscles to become weak or paralysed. This will affect their mobility even after they recover from the infection.	
<b>Prosthetic leg or foot</b>	An artificial leg or foot, which replaces an amputated leg or foot.	
<b>Stroke</b>	Blockage of blood flow in the brain. This can result in one side of the body becoming weak or paralysed, as well as problems in speaking, feeling, thinking and seeing.	

<p><b>Suitable shoes</b></p>	<p>Shoes that can be locally bought, fit well and have features that can help protect feet and reduce the risk of falling.</p>	
<p><b>Therapeutic footwear</b></p>	<p>Shoes with special features that help to protect and support feet that are at risk of wound development.</p>	
<p><b>Weight bearing</b></p>	<p>Amount of weight that a person is able to put through their leg/s.</p>	