

Term	Definition	Image
<b>Amputation</b>	The absence of a part of the body, for example the leg or the arm.	
<b>Debridement</b>	The removal of skin or damaged tissue from a wound.	
<b>Diabetes</b>	A disease where sugar is high in blood. This can lead to many health problems including: difficulty in feeling parts of the body (especially feet), foot wounds, slow loss of vision, kidney damage, urinary incontinence and difficulty remembering things.	
<b>Diabetic foot wound</b>	Breaking of skin in the foot. Foot wounds are a complication of diabetes and other health conditions that reduce feeling in the foot. If untreated, a diabetic foot wound can lead to amputation. Diabetic foot wounds are also called foot ulcers.	
<b>Offloading</b>	Offloading is the technique to move pressure away from a place on the body. Often it is used to move pressure away from at risk places, such as a foot wound.	
<b>Foot orthosis</b>	A foot orthosis is a specially designed shoe insert. They are used to support the foot, reduce pain or control movement.	
<b>Peak pressure</b>	The highest pressure that occurs on an area.	
<b>Pressure</b>	The force pressing on a surface by an object in contact with it.	
<b>Rigid removable boot</b>	A removable product or boot with added features for protection and support. The aim is to reduce pressure on high risk areas of the feet while walking.	
<b>Rocker sole</b>	A rocker sole is a base of a shoe that has a rounded shape. The rounded shape assists walking and reduces pressure on the base of the foot.	
<b>Sensation</b>	The ability to feel touch, heat, pressure and pain.	
<b>Shoe rub</b>	Movement of the foot or toes within shoes causing injury to the skin.	
<b>Suitable shoes</b>	Shoes that can be locally bought, fit well and have features that can help protect feet and reduce the risk of falling.	

<p><b>Therapeutic footwear</b></p>	<p>Therapeutic footwear are shoes and insoles for people who can walk, but still need to protect their feet from pressure and rubbing.</p>	
<p><b>Weight bearing</b></p>	<p>Amount of weight that a person is able to put through one or both legs.</p>	