

Term	Definition	Image
Amputation	The absence of a part of the body, for example the leg or the arm.	
Debridement	The removal of skin or damaged tissue from a wound.	
Diabetes	A disease where sugar is high in blood. This can lead to many health problems including: difficulty in feeling parts of the body (especially feet), foot wounds, slow loss of vision, kidney damage, urinary incontinence and difficulty remembering things.	
Diabetic foot wound	Breaking of skin in the foot. Foot wounds are a complication of diabetes and other health conditions that reduce feeling in the foot. If untreated, a diabetic foot wound can lead to amputation. Diabetic foot wounds are also called foot ulcers.	
Offloading	Offloading is the technique to move pressure away from a place on the body. Often it is used to move pressure away from at risk places, such as a foot wound.	
Foot orthosis	A foot orthosis is a specially designed shoe insert. They are used to support the foot, reduce pain or control movement.	
Peak pressure	The highest pressure that occurs on an area.	
Pressure	The force pressing on a surface by an object in contact with it.	
Rigid removable boot	A removable product or boot with added features for protection and support. The aim is to reduce pressure on high risk areas of the feet while walking.	
Rocker sole	A rocker sole is a base of a shoe that has a rounded shape. The rounded shape assists walking and reduces pressure on the base of the foot.	
Sensation	The ability to feel touch, heat, pressure and pain.	
Shoe rub	Movement of the foot or toes within shoes causing injury to the skin.	
Suitable shoes	Shoes that can be locally bought, fit well and have features that can help protect feet and reduce the risk of falling.	

<p>Therapeutic footwear</p>	<p>Therapeutic footwear are shoes and insoles for people who can walk, but still need to protect their feet from pressure and rubbing.</p>	
<p>Weight bearing</p>	<p>Amount of weight that a person is able to put through one or both legs.</p>	