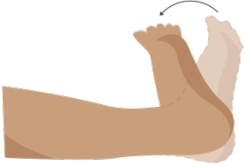



Term	Definition	Image
Debridement	The removal of skin or damaged tissue from a wound.	
Dorsiflexion	Movement that brings the foot closer to the lower leg.	
Offloading	Offloading is the technique used to move pressure away from a place on the body. It is often used to move pressure away from a vulnerable place, such as a foot wound.	
Plantarflexion	The movement when the foot is moving down away from the leg.	
Range of motion	The amount of movement at a joint.	
Weight bearing	Amount of weight that a person is able to put through one or both legs.	