


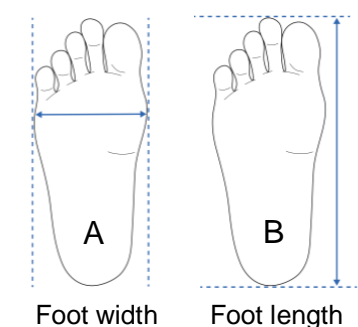

1. Information about the person

First name:		Family name:		Gender:	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Other <input type="checkbox"/>
Age:	0-5 <input type="checkbox"/>	6-18 <input type="checkbox"/>	19-39 <input type="checkbox"/>	40-54 <input type="checkbox"/>	55+ <input type="checkbox"/>	Telephone:	
Address:							



2. Check suitability for therapeutic footwear

Check foot wound risk level		Assess for therapeutic footwear	Refer to foot clinic / wound care
Foot wound risk level	Low	X	X
	Moderate / High	✓	✓
Amputation or wounds	Toe or partial foot amputation (no prosthesis)	X	✓
	Current foot wound	X	✓



3. Assess for therapeutic footwear

Check for foot problems				
Look for:	Unusual foot / toe shape <input type="checkbox"/>	Bony areas a shoe may rub <input type="checkbox"/>	If any  continue assessment and refer to foot clinic / orthotic	
	Red, purple or darkening skin <input type="checkbox"/>	Skin or nail problem <input type="checkbox"/>		
Ask:	Do your feet swell or change size daily?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If any → consider when selecting shoe size
	Do you wear foot orthotics?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Find foot size			Left (cm)	Right (cm)
1. Draw around person's feet while they are standing. 2. Measure the person's foot width (A) and length (B) from drawing.		Foot width (A)	<input type="text"/>	<input type="text"/>
		Foot length (B)	<input type="text"/>	<input type="text"/>
Check ability				
Ask:	Can you put on and take off your own shoes?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If no → Person may need assistance and/or  Refer for dressing aid assessment
	Are you able to see the bottom of your feet?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	

4. Select therapeutic footwear to try

Shoe type	The best shoe type for each person depends on fit, activities, choice.	Closed shoe <input type="checkbox"/>	Open heel shoe <input type="checkbox"/>	Shoe colour 
Shoe size	Select shoe size for the largest foot. Use the sizing guide provided by supplier.	Open toe sandal <input type="checkbox"/>	Male <input type="checkbox"/>	
			Size: 	

5. Check fit

Check fit when standing		
Depth	Toes move freely up and down (wiggle).	 <p>If the shoe does not fit → Try another size and/or style</p> <p>If the correct size cannot be found → Do not provide shoe 👉 Refer to foot clinic</p>
Length	Thumb width from end of big toe to end of shoes.	
Heel	Back of shoe fits heel and ankle comfortably and heel does not slip in and out of the back of the shoe.	
Width	Not too tight or too loose.	
Check fit after walking		
<p>Ask person to walk for 5 minutes.</p> <ul style="list-style-type: none"> • Observe for any slipping or issues with fit • Ask person if the shoes feel comfortable • Check each foot for signs of pressure or rubbing • Pay attention to problem areas noted on the foot maps. 		 <p>If there are signs of slipping, pressure or rubbing → Do not provide shoe 👉 Refer to foot clinic</p>

6. Plan

Provide therapeutic footwear	Yes <input type="checkbox"/> No <input type="checkbox"/>	Follow up dates 1 week: ✎ 1 month: ✎ Annual review: ✎
Teach	How to put on shoes <input type="checkbox"/> Foot care and protection checklist <input type="checkbox"/> Include family member / caregiver <input type="checkbox"/>	
Refer	Therapeutic footwear <input type="checkbox"/> Wound / foot care <input type="checkbox"/> Orthotics <input type="checkbox"/> Assistive product: ✎ _____ Other: ✎ _____	

Foot care and protection checklist

<p>Key things to teach people wearing therapeutic footwear:</p> <ul style="list-style-type: none"> • Wear therapeutic footwear as much as possible, including indoors and outdoors to protect feet. • Always wear socks with therapeutic footwear. Socks should fit firmly. • Check feet every day for any signs of rubbing, redness, swelling or wounds. • If a wound develops, stop wearing the shoes and see a health care worker within 24 hours • If the therapeutic footwear becomes damaged, return for repair or replacement.
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