







1. Information about the person

| | | | | | | | |
|-------------|------------------------------|-------------------------------|--------------------------------|--------------------------------|-------------------------------|---------------------------------|--------------------------------|
| First name: | | Family name: | | Gender: | Male <input type="checkbox"/> | Female <input type="checkbox"/> | Other <input type="checkbox"/> |
| Age: | 0-5 <input type="checkbox"/> | 6-18 <input type="checkbox"/> | 19-39 <input type="checkbox"/> | 40-54 <input type="checkbox"/> | 55+ <input type="checkbox"/> | Telephone: | |
| Address: | | | | | | | |




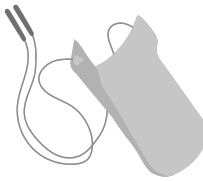

2. Assessment interview

| Thinking skills | | | |
|--|--|--|---|
| Do you have difficulties with planning and remembering? | | No <input type="checkbox"/> → Move to vision skills. | |
| | | Yes <input type="checkbox"/> → Complete thinking skills questions, then move to vision skills. | |
| Do you have: | Difficulty planning what you are going to wear? | Yes <input type="checkbox"/> | If yes to any → Other assistive products for thinking skills may help. Assess for other assistive products and/or  Refer to a rehabilitation service. |
| | Difficulty putting clothes on in the right order and the right way? | Yes <input type="checkbox"/> | |
| | Difficulty remembering to get dressed? | Yes <input type="checkbox"/> | |
| Vision skills | | | |
| Do you have difficulties with vision? | | No <input type="checkbox"/> → Move to physical skills. | |
| | | Yes <input type="checkbox"/> → Complete vision skills questions, then move to physical skills. | |
| Do you have: | Difficulty locating and selecting clothes to wear? | Yes <input type="checkbox"/> | If yes to any  Refer to a vision or rehabilitation service. |
| | Difficulty seeing the right way to put clothes on? | Yes <input type="checkbox"/> | |
| Physical skills | | | |
| Do you have difficulties with physical activities? | | No <input type="checkbox"/> → Move to plan. | |
| | | Yes <input type="checkbox"/> → Complete physical skills questions, then move to plan. | |
| Do you have: | Difficulty lifting or moving your leg/s to put on or take off clothes? | Yes <input type="checkbox"/> | If yes to any → Dressing aids may help. Refer to selection table. If dressing aids do not help  Refer to a rehabilitation service. |
| | Difficulty lifting or moving one arm to put on or take off clothes? | Yes <input type="checkbox"/> | |
| | Difficulty lifting or moving both arms to put on or take off clothes? | Yes <input type="checkbox"/> | If yes → Dressing aids may not help  Refer to a rehabilitation service. |
| | Difficulty using your hands to do up or undo fasteners such as zips and buttons? | Yes <input type="checkbox"/> | If yes to any → Dressing aids may help. Refer to selection table. If dressing aids do not help  Refer to a rehabilitation service. |
| | Difficulty reaching for and picking up clothes or shoes? | Yes <input type="checkbox"/> | |
| | Difficulty leaning forward to put on or pull off clothes or shoes? | Yes <input type="checkbox"/> | |
| | Difficulty with balance when dressing or undressing? | Yes <input type="checkbox"/> | |

3. Plan

| | | |
|-------------------------------|--|---|
| Select dressing aid/s: | Reach and grab tool <input type="checkbox"/> Button hook and zip puller <input type="checkbox"/> Dressing stick <input type="checkbox"/> Sock aid <input type="checkbox"/> Long handle shoe horn <input type="checkbox"/> | Follow up date:  |
| Teach about: | Changing dressing position: Sitting <input type="checkbox"/> Lying <input type="checkbox"/> Changing how to get dressed or undressed <input type="checkbox"/> Different types of clothing and shoes <input type="checkbox"/> How to use and look after dressing aid <input type="checkbox"/> | |
| Refer: | Rehabilitation service <input type="checkbox"/> Vision service <input type="checkbox"/> Other assistive product <input type="checkbox"/> | |

Selection table: Dressing aids

| Step 1: Select | | Assistive product | | | | |
|---|--|---|---|---|---|---|
| | | Reach and grab tool | Dressing stick | Button hook and zip puller | Sock aid | Long handle shoe horn |
| Always select dressing aid with the person. To select the right features, take into account the person's health, ability, support available and choice. | |  |  |  |  |  |
| Physical difficulty with | Moving legs | ✓ | ✓ | ✗ | ✓ | ✓ |
| | Moving one arm | ✓ | ✓ | ✓ | ✗ | ✓ |
| | Moving both arms | ✗ | ✗ | ✗ | ✗ | ✗ |
| | Using hands to do up / undo buttons and zips | ✗ | ✓ | ✓ | ✗ | ✗ |
| | Reaching for and picking up or pulling on/off clothes or shoes | ✓ | ✓ | ✗ | ✓ | ✓ |
| | Leaning forward | ✓ | ✓ | ✗ | ✓ | ✓ |
| | Balance | ✓ | ✓ | ✗ | ✓ | ✓ |
| Remember | | Good hand strength is needed to use a reach and grab tool. | C shaped hook can be used to pull zips open or closed. | | Easier to use with both hands. | |

| Tips for using dressing aids | Dressing position | How to get dressed and undressed | Different types of clothing and shoes |
|------------------------------|---|---|---|
| | If a person gets tired getting dressed or has balance difficulties, consider changing dressing position. They may feel safer sitting or lying down. | If a person has a weaker side of the body, it may be easier to: <ul style="list-style-type: none"> Put clothes on the weaker side first Take clothes off the stronger side first. | If a person has difficulty with getting certain types of clothes or shoes on or off suggest choosing: <ul style="list-style-type: none"> Clothes that are stretchy or loose Clothes without buttons or zips Shoes without laces such as slip on shoes or shoes with Velcro closures. |