Mentor's notes: Rigid removable boots



1. Checklist of documents

- List of key words
- Key messages
- Product examples
- TAP Mobility assistive products screening form
- TAP Rigid removable boots assessment form
- TAP Rigid removable boots referral form.

2. Checklist of equipment

- Tablets / computers
- Head phones
- Notebook and pen.

3. Group discussion opportunities and activities to prepare for

Topics with interactive sections		Suggested instruction and mentor's planning notes	
Lesson one: Mobility and different mobility problems			
Topic 3: Features of foot wounds	Activity Look closely at the rigid removable boots available in your area. How many of the important features do they have?		
Lesson two: Referral			
Topic 1: Referrals	Discussion Do you receive any other referrals at your service where a person should be seen on the same day? How do you manage this? Post your thoughts on the discussion forum.	Mentors to clarify for learners if they should use the discussion forum on the TAP platform, or a different chat (e.g. local WhatsApp group.) This is a good opportunity for mentors to clarify referral pathways and processes in local context. Be specific about the services they may receive referrals from and where they should refer to. A handout that lists referral organisations would be very useful.	
Topic 3: Assessment interview: health and mobility	Discussion Can you think of any common skin problems that might get worse in the rigid removable boot? Post your answers on the discussion forum.		

Topics with interactive sections		Suggested instruction and mentor's planning notes
Topic 4: Plan: Check fit and mobility	Activity Look at the rigid removable boots available in your service. Is there a size chart with them? Practice choosing the right size rigid removable boot for a colleague or friend.	
	Discussion What questions could you ask the person to check the rigid removable boot is comfortable? Click to see answer	
	 Does the rigid removable boot feel comfortable around your ankle bones? Do you have pain anywhere on your leg and foot? 	
	 Do you have any unusual feelings on your leg or foot? You may have thought of others. Activity	
	Practice fitting a rigid removable boot to a friend or colleague. Select a suitable size from those available at	
	your service. 1. Practice putting it on and adjusting. 2. Check the fit sitting or lying. 3. Check comfort.	
	Repeat fitting and comfort checks in standing. Reflection	
	What was easy or difficult about fitting a rigid removable boot? Post your thoughts on the discussion forum.	
	Activity With a rigid removable boot fitted correctly, practice walking. Try walking outside and carefully up and down	
	stairs. Reflection What did you feel when you were walking while	
After a completion of	wearing a rigid removable boot? Post your thoughts on the discussion forum.	and of DDD

After completing this module learners need to practice the four steps of RRB provision through:

- 1. Supervised role play with colleagues
- 2. Supervised practice with clients

Mentors may use the skills checklist to monitor and discuss the learner's progress in gaining competency (safe and efficient practice).