

1. Information about the person

First name:		Family name:		Gender:	Male ☐	Female ☐	Other ☐
Age:	0-5 ☐	6-18 ☐	19-39 ☐	40-54 ☐	55+ ☐	Telephone:	
Address:						Weight:	

2. Assessment interview

Why do you have difficulty going to the toilet or washing yourself?		Yes	
Environment	The distance to the toilet and/or wash area is too far	☐	If any → A toilet and/or shower chair is likely to be useful.
	The way to the toilet or wash area is not accessible	☐	
	Cannot get into the toilet or wash area	☐	
Physical	Physical difficulty getting to toilet or wash area	☐	Complete the assessment interview to help select a product and plan for its use.
	Difficulty squatting (squat toilet) or sitting down/standing up (sitting toilet)	☐	
	Frail / has fallen more than once in the last year / afraid of falling	☐	
	Cannot stand, or difficulty with standing to wash	☐	
	Difficulty undressing and dressing	☐	→ Explore dressing aids and/or different ways to dress
	Difficulty controlling bowel and/or bladder (incontinence)	☐	A toilet chair may be useful. → Discuss, and if not sure  Refer for incontinence advice
	Pain when going to the toilet	☐	 Refer to health care professional
	Cannot sit upright without support	☐	This person may need a toilet and/or shower chair with postural support. They may also need incontinence products.  Refer
Other reasons	 _____	☐	→ Discuss possible solutions and/or  Refer for incontinence advice
How and where will you use your toilet or shower chair?			
Toilet chair	Will it be used: Over the toilet ☐ In a different location ☐ → Needs bucket		
Toilet or shower chair	Will you need to be moved while using it? Yes ☐ → Needs wheels No ☐		
Transferring	Do you need help to transfer on and off the toilet? Yes ☐ No ☐		
Check for risk of pressure wounds			
Do you have a pressure wound?	Yes ☐  Refer to a health care professional No ☐		
Have you had a pressure wound before, or at risk of a pressure wound?	Yes ☐ → Needs padded surfaces No ☐		

3. Plan

Provide toilet chair with:	Bucket ☐ Backrest ☐ Armrest ☐ Wheels ☐ Padding ☐	Weight limit: 
Provide shower chair with:	Bucket ☐ Backrest ☐ Armrest ☐ Wheels ☐ Padding ☐	
Provide or refer to another service for:	Wheelchair ☐ Walking aid ☐ Grab bars ☐ Dressing aids ☐ Home changes ☐ Incontinence advice ☐ Health care professional ☐ Other:  _____	Follow up date: 

Selection table: Toilet and shower chairs



Step 1: Select			Features					
Always select a shower or toilet chair with the person. To select the right features, take into account the person's health, ability, environment and choice.			Removable bucket (toilet chair)	Backrest	Armrests	Castor wheels	Height adjustable, swing away footrests	Walking frame
Physical abilities	Difficulty sitting or squatting down or up				✓			
	Difficulty with standing to wash			✓	✓			
	Feels worried about falling over			✓	✓			
	Limited or no feeling (sensation); at risk of a pressure wound							✓
Use	Toilet chair	Away from toilet	✓			✓		
		Always over a toilet	X					
	Both	Will be moved while person is sitting on it			✓	✓	✓	

To be safe and effective, toilet and shower chairs should:

- ✓ Be strong and durable
- ✓ Be rust and water resistant
- ✓ Smooth finish to prevent injury
- ✓ Have rubber stoppers on legs (if they have legs, not wheels)
- ✓ Have brakes (if they have wheels, not legs)
- ✓ Be height adjustable
- ✓ Be specified to carry the weight of the user.

Signs of a pressure wound:

- ✓ Red or dark marks on skin, where skin has been in contact with a hard or weight bearing surface
- ✓ Open wound on skin, where skin has been in contact with a hard or weight bearing surface.

People who may be at risk of a pressure wound are those who:

- ✓ Have reduced feeling (sensation) in their buttocks, thighs, back or any other area in contact with the toilet or shower chair
- ✓ Have had a previous pressure wound in the past
- ✓ Are very thin or frail
- ✓ Cannot easily shift their weight themselves while on the toilet or shower chair.