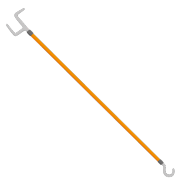
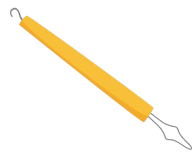
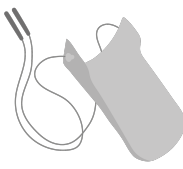




1. Information about the person	
Family name	Given names
Age: 0-5 ☐ 6-18 ☐ 19-39 ☐ 40-54 ☐ 55+ ☐	Gender: Male ☐ Female ☐ Other ☐
Address	Telephone

2. Assessment interview <i>Ask the following questions.</i>				
Thinking skills		Yes	No	
Do you have difficulties with planning and remembering?		☐	☐	Yes → Complete thinking skills questions, then continue to vision skills. No → Continue to vision skills.
Do you have difficulty:	Planning what you are going to wear?	☐	☐	Yes to any → Other assistive products for thinking skills may help. Assess for other assistive products and/or Refer to a rehabilitation service.
	Putting clothes on in the right order and the right way?	☐	☐	
	Remembering to get dressed?	☐	☐	
Vision skills		Yes	No	
Do you have difficulties with vision?		☐	☐	Yes → Complete vision skills questions, then continue to physical skills. No → Continue to physical skills.
Do you have difficulty:	Locating and selecting clothes to wear?	☐	☐	Yes to any Refer to an eye health professional or rehabilitation service.
	Seeing the right way to put clothes on?	☐	☐	
Physical skills		Yes	No	
Do you have difficulties with physical activities?		☐	☐	Yes → Complete physical skills questions, then continue to plan. No → Continue to plan.
Do you have difficulty:	Lifting or moving your leg/s to put on or take off clothes?	☐	☐	Yes to any → Dressing aids may help. Check the selection table.
	Lifting or moving one arm to put on or take off clothes?	☐	☐	If dressing aids do not help Refer to a rehabilitation service.
	Lifting or moving both arms to put on or take off clothes?	☐	☐	Yes → Dressing aids may not help Refer to a rehabilitation service.
	Using your hands to do up or undo fasteners such as zips and buttons?	☐	☐	Yes to any → Dressing aids may help. Check the selection table. If dressing aids do not help Refer to a rehabilitation service.
	Reaching for and picking up clothes or shoes?	☐	☐	
	Leaning forward to put on or pull off clothes or shoes?	☐	☐	
	With balance when dressing or undressing?	☐	☐	

3. Plan	
Select	Reach and grab tool ☐ Button hook and zip puller ☐ Dressing stick ☐ Follow up date Sock aid ☐ Long handle shoe horn ☐
Teach	Changing dressing position: Sitting ☐ Lying ☐ Changing how to get dressed or undressed ☐ Different types of clothing and shoes ☐ How to use and look after dressing aid ☐
Refer	Rehabilitation service ☐ Eye health professional ☐ Other assistive product ☐

Selection table: Dressing aids						
Step 1: Select		Reach and grab tool	Dressing stick	Button hook and zip puller	Sock aid	Long handle shoe horn
Always select dressing aid with the person. To select the right features, take into account the person's health, ability, support available and choice.						
Physical difficulty with	Moving legs	✓	✓	X	✓	✓
	Moving one arm	✓	✓	✓	X	✓
	Moving both arms	X	X	X	X	X
	Using hands to do up/undo buttons and zips	X	✓	✓	X	X
	Reaching for and picking up or pulling on/off clothes or shoes	✓	✓	X	✓	✓
	Leaning forward	✓	✓	X	✓	✓
	Balance	✓	✓	X	✓	✓
Remember		Good hand strength is needed to use a reach and grab tool.	C shaped hook can be used to pull zips open or closed.		Easier to use with both hands.	

Tips for using dressing aids		
Dressing position If a person gets tired getting dressed or has balance difficulties, consider changing dressing position. They may feel safer sitting or lying down.	How to get dressed and undressed If a person has a weaker side of the body, it may be easier to: - Put clothes on the weaker side first - Take clothes off the stronger side first.	Different types of clothing and shoes If a person has difficulty with getting certain types of clothes or shoes on or off suggest choosing: - Clothes that are stretchy or loose - Clothes without buttons or zips - Shoes without laces such as slip on shoes or shoes with Velcro closures.