Assistive technology

Key words: Cognition assistive products

Term	Definition	Image
App	Short for application. A digital tool used on a smartphone or tablet to do a specific task.	
Cognition	Mental processes including thinking, knowing, and remembering.	
Cognitive	Describes something that relates to cognition or mental processes such as cognitive assistive products.	
Cues	A prompt, reminder, or signal to support a person to start or know what to do next when carrying out an activity.	
Down syndrome	A condition that a person may be born with. Down syndrome can cause some health, development and cognitive (thinking) difficulties. People with Down syndrome may have particular physical features.	
Habits	Specific behaviours that are often performed automatically or without much thought.	
Language	A system that is made up of gestures, symbols and words used to share information.	
Planning	Deciding what a person wants to do, working out the steps needed, and organising the time/people/things needed to achieve their goal.	
Remembering	Ability to recall information, experiences, instructions, and routines needed to take part in tasks and activities.	
Routine	A routine is a regular pattern of everyday activities that people follow to organize their time and manage daily life.	
Self regulation	Ability of a person to manage their thoughts/feelings/behaviour in different situations and complete daily activities.	
Thinking skills	TBC	
Traumatic brain injuries	An injury to the brain caused by an outside force that changes how the brain works.	